



Obesity = More Injuries + Added Claim Cost + More Rehab Time

The Impact of a PCE Program on these Factors

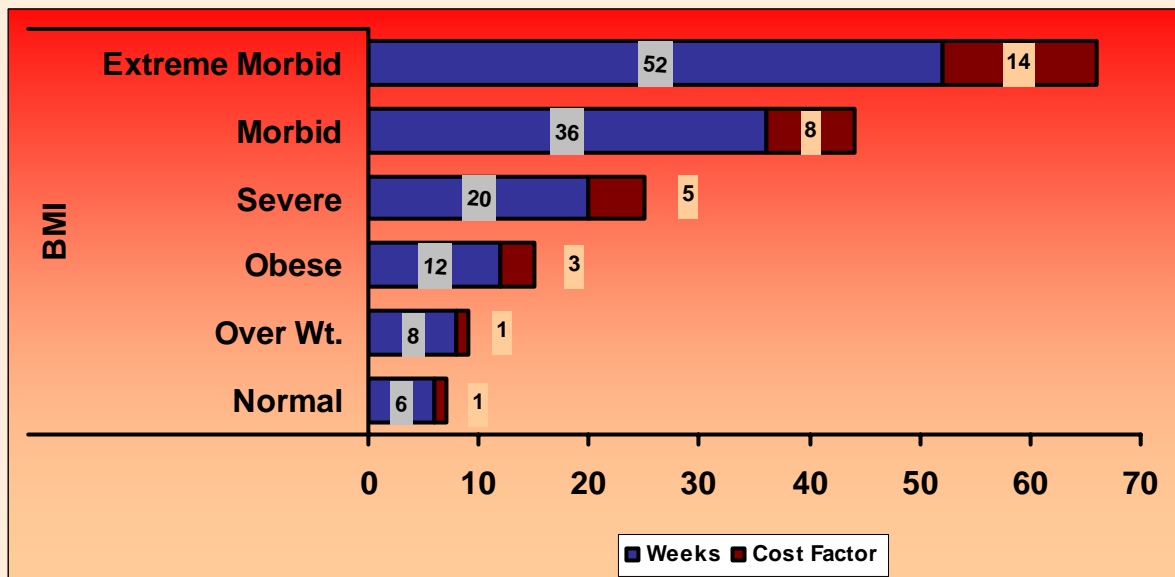
The research is clear.

Obesity extends the rehab time for an injury by as much as 8 times.

Obesity increases the average claim cost of an injury by as much as 14 times.

The following chart shows the impact of obesity on the same injury that occurs with a normal weight worker compared to an extreme obese worker.

Compare For Same Injury – Rehab Time and Cost Factor Based on Body Mass Index



Take an injury that would typically take 6 weeks to rehab with no additional costs and compare that same injury to a morbidly obese person (BMI 40 – 49). The rehab time is increased to 36-weeks instead 6-weeks with an added cost of 8-times a normal weight person. One of the issues that now needs to be addressed when rehabbing an obese worker is whether weight loss would be

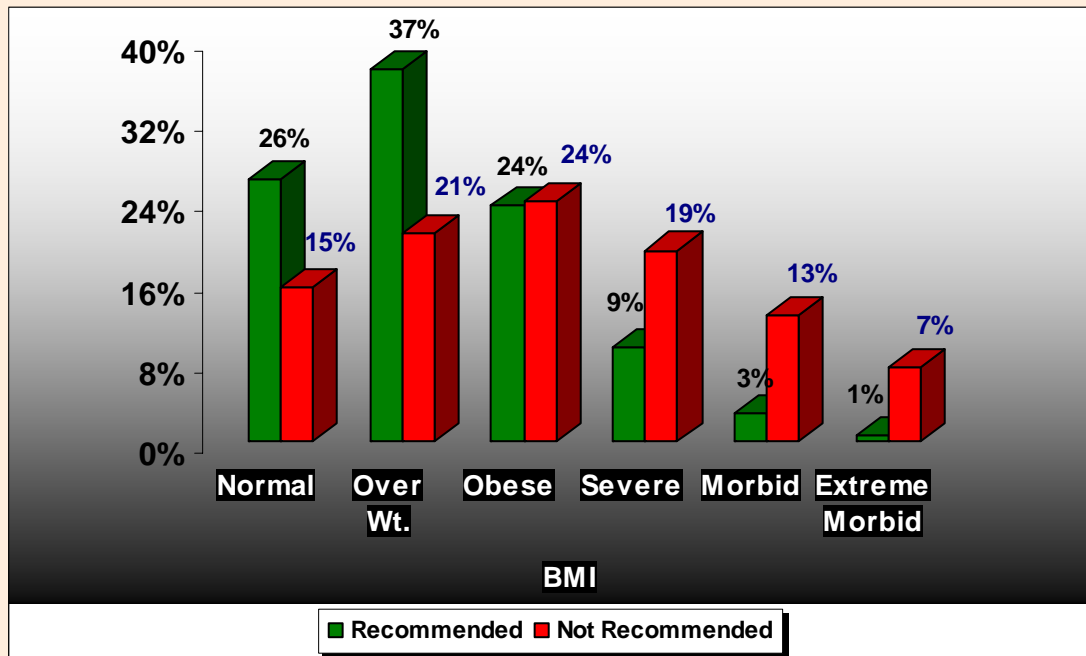
needed to reduce the risk of a re-injury, which could add even more costs and rehab time.

You do have a choice?

A physical capability evaluation (PCE) program, when properly executed, will place a more fit worker into physically demanding jobs. This in turn will reduce the number of obese workers, reduce the number of claims and reduce the average claim cost.

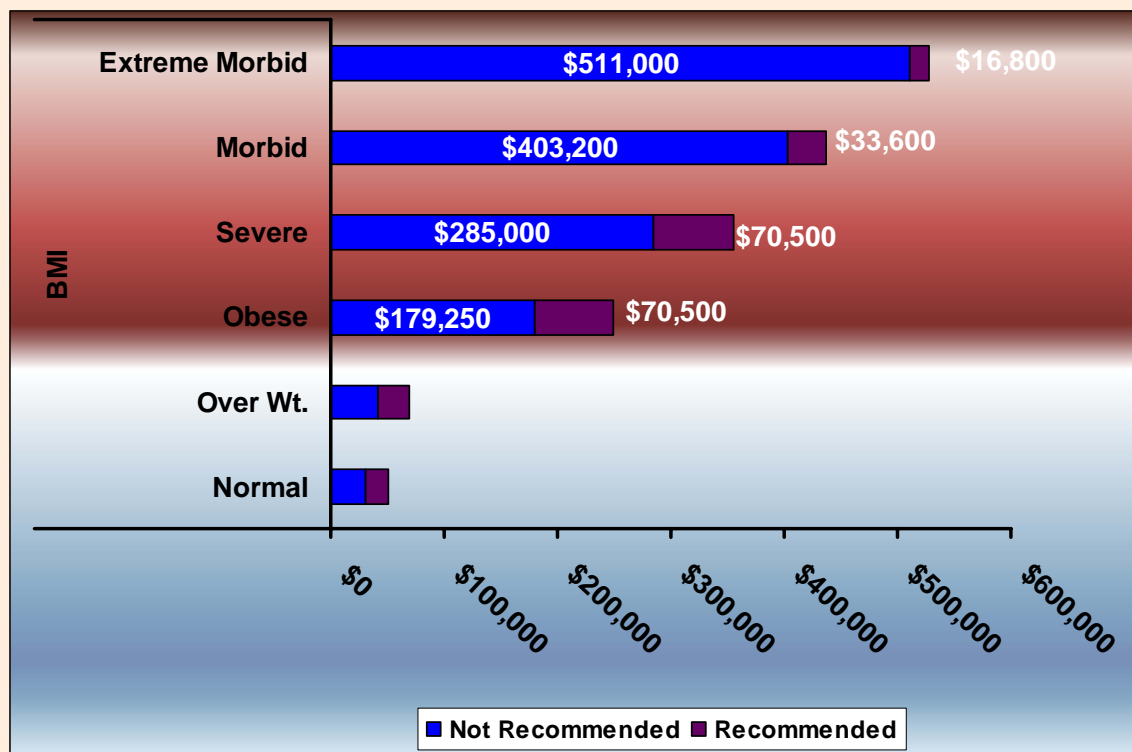
The next chart shows the impact of the IPCS PCE program (176,000 workers) on the severe, morbid and extreme morbid obese categories for those recommended for hire compared with those not recommended for hire. The data is clear that only 13% of those new hire applicants applying for a physically demanding job in these body mass index categories is recommended for hire compared to 39% not recommended. This greatly reduces a company's exposure and risk for added injuries and costs.

Compare Recommendation Rate Based on the IPCS PCE According to Body Mass Index



The impact of the IPCS PCE on injury related costs based on obesity is shown in the next chart. Based on a 500 employee distribution business, a company without the IPCS process would have spent \$1.45 million compared to \$239 thousand with the IPCS process. (Note: This does not factor in added healthcare costs, absenteeism and so on).

The Impact of the IPCS PCE on Worker's Comp Cost According to Body Mass Index



The significant reduction is due to the combination of several key factors of the IPCS PCE:

- The PCE will reduce frequency rate of injury by at least 50%.
- The PCE will reduce the average claim cost by at least 50%.
- The PCE will reduce the placement of the number of severe, morbid and extreme morbid workers by at least 3 times.
 - This will have an exponential impact on cost since the severe, morbid and extreme morbid worker could have 14 times more cost.

Introducing a **Better and More Complete Method** for **Return-to-Work Testing** for Injured Employees.

Who Is IPCS?

When an injured worker is out on disability or worker's comp leave, a company wants him back on the job as quickly as possible. But bring him back too soon and he could re-injure himself – causing the expensive, frustrating cycle to start over again..

Many companies rely on Functional Capacity Evaluation (FCE) testing to determine readiness to return to work. Problem is, despite their widespread acceptance, FCE's can't provide the details of muscle function. These tests often miss muscle weakness that can leave an employee vulnerable physically – and his employer vulnerable financially.

Not all injuries are work related. No matter how the injury occurs, the IPCS PCE provides standardized, defensible evaluations for occupational, non-occupational and disability claims.

Through our data analysis process, the new hire that is recommended or the injured worker returning to work is a more fit worker. Recent research clearly shows this could have a significant impact on preventing injuries, reducing rehab time if injured and greatly reducing the average claim cost.

IPCS Services:

- New Hire Physical Capability Evaluation (PCE)
- On-going PCE for Incumbents
- PCE for Occupational Injuries
- PCE for Non-Occupational Injuries
- PCE for Disability Claims
- Physical Strength Risk Analysis for Incumbents – Wellness Offering

IPCS's sister company provides a full 24-month body weight management program teaching all individuals how to achieve a healthy body weight. The name of that company is Move It. Lose It. Live Healthy. LLC

www.ipcs-inc.com

330-463-5757

www.moveitloseitlivehealthy.com

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